

Family & Friends[®] CPR

What is Family & Friends[®] CPR?

Participants of Family & Friends[®] CPR Courses learn lifesaving skills such as:

- ⇒ Adult Hands-Only[®] CPR
- ⇒ AED use on adults and children
- ⇒ Child CPR using breaths
- ⇒ Infant CPR
- ⇒ Choking relief for adults, children and infants

The AHA's research-proven practice-while-watching technique, applied in a dynamic group environment, provides students with the most hands-on CPR practice time possible.



Who should take Family & Friends[®] CPR?

This course is for people who want to learn CPR but **do not need a CPR course completion card for their job**. This course is ideal for schools, students, new parents, grandparents, babysitters, and anyone else interested in learning how to save a life.

This class runs for approximately 1 1/2 hours



Two sessions of the same class will be held on each of the dates below. The first is from 9:00 am to 10:30 am. The second class is from 11:00 am to 12:30pm.



DATES

April 14, 2018
June 2, 2018
July 21, 2018
September 15, 2018
October 13, 2018
November 10, 2018

The Family & Friends[®] classes are held at
**WFPD
Station 19
4091 Jefferson Ave
Redwood City, CA**

Please email Selena Brown at selenab@woodsidefire.org or call 650-423-1406 with the date and session you plan to attend.

**THIS COURSE DOES NOT PROVIDE A COURSE COMPLETION CARD.
THE STUDENT MANUAL CONTAINS A TEAR-OUT PARTICIPATION CARD.**

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA materials, do not represent income to the AHA.