



WOODSIDE FIRE PROTECTION DISTRICT

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Taking Control: National Preparedness Month 2023



September is here, and with it comes National Preparedness Month, a time dedicated to promoting readiness and resilience in the face of emergencies. This year's theme, "Take Control in 1, 2, 3," encourages us all to actively participate in our own safety. It's not just a theme; it's a call to action. Let's delve into the steps you can take to be better prepared and empower yourself and your community.

Call to Action

As we celebrate National Preparedness Month this September, let's embrace the theme of "Take Control in 1, 2, 3" with a strong commitment to preparedness. Here's your call to action:

1. Assess Your Needs

In times of crisis, understanding your unique requirements is the first step to preparedness. Take a moment to evaluate your situation and that of your loved ones. Consider factors like health, mobility, and any special needs. Do you rely on medications? Do you have pets or service animals to care for? By recognizing these crucial elements, you can make informed decisions about your preparedness plan.

2. Make a Plan

Preparedness is more than just a mindset; it's a comprehensive plan of action. Develop a clear and thorough emergency plan that covers every facet of your life. Your plan should include practical steps, such as creating emergency kits tailored to your needs, ensuring safe medication storage, and establishing communication strategies. This plan is your roadmap to safety during uncertain times. This may involve assembling an emergency kit with extra medication, ensuring proper medication storage, and planning for your pets or service animals. For older adults and those supporting older adult communities, explore resources at www.Ready.gov/older-adults and www.Ready.gov/es/adultos-mayores.

3. Engage Your Support Network –

You don't have to face emergencies alone. Reach out to your network of family, friends, neighbors, and community organizations. Share your preparedness plan with them, and encourage them to do the same. Together, we can create resilient communities that can withstand and recover from adversity. Involving others ensures that you have a safety net, offering support before, during, and after emergencies. *Learn how to network with you neighbors and build a Community at www.WPV-Ready.org*

This National Preparedness Month, let's not merely discuss preparedness; let's take concrete steps to ensure our safety and the safety of those around us. By following the "Take Control in 1, 2, 3" approach, we can be better prepared, more resilient, and ready to face any challenges that may come our way.

The time to act is now. Assess your needs, make a plan, and engage your support network. Be a beacon of preparedness in your community, and together, let's build a future where resilience and safety prevail, even in the face of the unexpected.